



**MICHIGAN INSTITUTE
OF UROLOGY**
**PATIENT
NEWSLETTER**

NOVEMBER 2023

WHAT'S NEW AT MIU

Did you know that the World Health Organization says that sexual health is fundamental to the overall health of individuals, couples, and families? Sexual wellness shouldn't be taboo, and so we've launched a new, specialized center for men and women where you can access comprehensive, trusted care.

REDEEM SEXUAL WELLNESS & AESTHETICS

Now Open in Birmingham

REDEEM Sexual Wellness & Aesthetics Center combines MIU's expertise in urology and sexual wellness with our new offering of aesthetic treatments for both men and women.

MIU acquired the business, formerly known as MOXXI, and rebranded the clinic as REDEEM.

MIU partner and urologist Dr. Jennifer Sobol is REDEEM's new Medical Director, while MIU Family Nurse Practitioner Courtney McCracken will serve as the center's Director. REDEEM is bolstering MIU treatment services by adding DUOLITH, a low-intensity shockwave therapy for erectile dysfunction, and MonaLisa Touch, a noninvasive laser therapy to treat vaginal dryness and incontinence.

"Urologists receive the most extensive training available in physiology, anatomy, and treatments associated with sexual issues. Our expertise will ensure REDEEM provides state-of-the-art procedures that make clients feel exceptional, both inside and out," Dr. Mitchell Hollander, MIU CEO.

REDEEM's fully equipped, newly opened facility uses state-of-the-art technology for all procedures.

Located in Birmingham at 2151 E. 14 Mile Road.

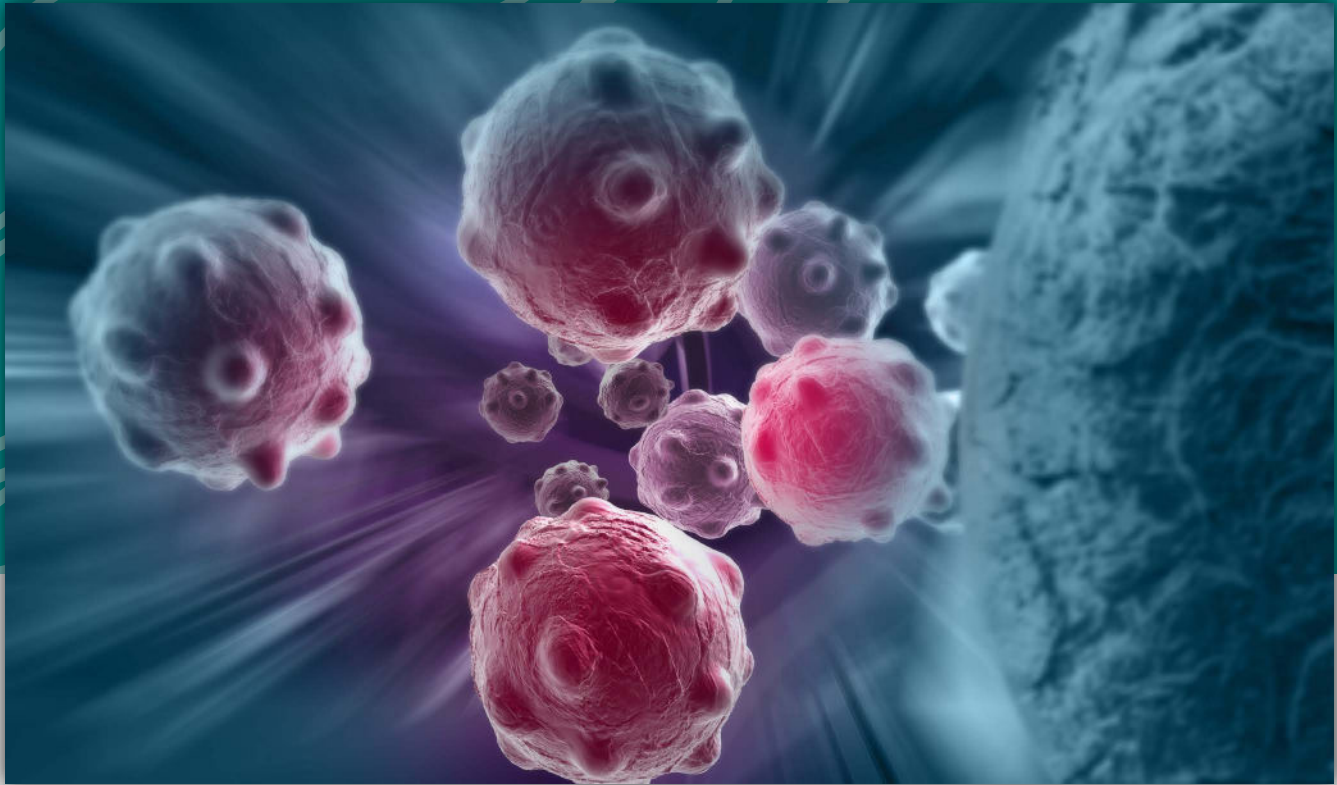
Visit REDEEMmichigan.com to learn more or book an appointment.



**FEEL YOUR BEST.
YOU DESERVE IT.**

REDEEM will help you revitalize and renew your body with the following services:

- Botox/Dysport
- Dermal fillers
- Sculptra (collagen stimulator)
- Morpheus8 (radiofrequency microneedling)
- Platelet-rich plasma (PRP) for hair restoration
- DUOLITH (low-intensity extracorporeal shockwave therapy) for erectile dysfunction
- Penile rejuvenation with the Priapus Shot (P-Shot®)
- Vaginal rejuvenation with the Orgasm Shot (O-Shot®)
- MonaLisa Touch for vaginal rejuvenation
- Votiva FormaV for vaginal rejuvenation



OUR GAME-CHANGING PROSTATE CANCER TREATMENTS

Learning you have prostate cancer is scary. But it's important to remember – **it's often treatable**. Our deep devotion to research and clinical trials provides MIU patients with access to state-of-the-art care before it is available to the public. Our most recent advancements include:

- **Radioligand Targeted Therapy** – new medications that deliver a small dose of radiation attached to a molecule that specifically binds to your cancer cells.
- **PSMA PET scans** – targeted tracers that find prostate cancer at an earlier stage when it's easier to treat.
- **Advanced immunotherapy** – uses your own immune system to fight your cancer.

We know prostate cancer is complex. That's why each MIU advanced prostate cancer patient is assigned a Patient Navigator – someone dedicated to helping you understand your disease, coordinating your treatment plan, scheduling appointments, and advocating on your behalf. At MIU, our prostate cancer nurse navigator is Pamela Jones, RN, MSN, FNP. Pamela is from Detroit with over 20 years of experience in healthcare. She works closely with our urology oncology physicians and manages the daily operations of our infusion suite in our Troy location.

Finally, our monthly support group for prostate cancer patients can provide you and your family connectedness with others who share your situation. Our group meets the second Wednesday of each month at 6 PM in our Town Center Office.

If you're concerned that you may have prostate cancer or want to schedule a PSA screening, request an appointment [on our website](#).



CLEAN THE BATHROOM? OR VISIT THE DOCTOR?

When Cleveland Clinic researchers surveyed 1,176 men about their doctor-dodging habits, they found that 72 percent would rather clean the bathroom than go to the doctor. Funny, but not funny, because routine doctor visits can be so revealing. For instance, a simple blood test can indicate bladder infection, elevated PSA, enlarged prostate, or other prostate issues.

That's why we encourage men to see their doctor at least once a year for routine screenings.

In some instances, early detection can be lifesaving. Your urologist can put you on the pathway to a better quality of life.

WELCOME TO OUR NEWEST PHYSICIANS!



Dr. Jeffrey Budzyn

Jeffrey Budzyn, M.D., is an associate at the Michigan Institute of Urology. He completed a Fellowship in Advanced Robotics and Urologic Oncology at the University of Southern California.

Dr. Budzyn is a graduate of Wayne State University School of Medicine and served his residency at Detroit's Vattikuti Urology Institute. Dr. Budzyn earned numerous awards and scholarships during his schooling, and graduated in the top five percent of his medical school class.

A big sports fan, especially college football, Dr. Budzyn enjoys golf, hiking, weightlifting, and fostering dogs while they wait for a permanent home.

Dr. Budzyn sees patients in our St. Clair Shores location.



Dr. Henry Rosevear

Henry M. Rosevear, M.D., is a partner at the Michigan Institute of Urology. He previously practiced for 10 years at Pikes Peak Urology, a division of Colorado Springs Urological Association. Before attending medical school, he served our country as an officer in the United States Naval Reserve on the USS Pittsburgh (SSN 720).

Dr. Rosevear completed his general surgery internship and urology residency at the University of Iowa Hospital and Clinics after graduating medical school with academic and research distinction at the University of Michigan.

Dr. Rosevear sees patients in our Boulevard clinic in Rochester Hills and in our Town Center location in Troy.