

PROSTATE BIOPSY

DATE: _____ TIME: _____

7-10 DAYS PRE PROCEDURE

- Aspirin, aspirin by-products (i.e., Excedrin, Ecotrin, St. Joseph Aspirin), blood thinners, anti-inflammatory medications (i.e., Motrin, Advil, Ibuprofen, Naproxen, Daypro, Plavix, Persantine) and mega dose Vitamin E **must be discontinued 7-10 days prior to procedure as directed by your physician**
- ***If you take Coumadin you must inform your physician.*** He / She will inform you if you need to discontinue this medication prior to your prostate biopsy.
- If you take "blood thinners" a special blood test may be required ***the day of the procedure***, please inform your physician if you are on this type of medication.

DAY BEFORE PROCEDURE

- Take antibiotic the day before your procedure as directed by your physician.

DAY OF PROCEDURE

- Take antibiotic the day of your procedure as directed by your physician.
- Take one plain fleet enema 2 hours before the procedure. Do not eat after enema.

DAY AFTER PROCEDURE

- Take antibiotic 1 day after procedure as directed by your physician.

POST PROCEDURE INSTRUCTIONS

- Resume normal diet later the same day.
- No heavy lifting for 24 hours.
- Do not resume aspirin or non-steroidal anti-inflammatory medications for 3 days after procedure.
- You must consult with your primary care physician, cardiologist or MIU physician for instructions on resuming your blood thinning medications.
- Drink extra fluids for the next 24 hours.

WHAT TO EXPECT AFTER THE PROCEDURE

- Mild rectal discomfort for 24 hours.
- Small amount of bleeding in the urine, from the rectum or in the ejaculate for 1 to 2 weeks.
- Brownish ejaculate may occur for 1 to 2 months after the procedure.

CONTACT THE OFFICE IF:

- Fever (over 100.5) orally or severe chills.
- Excessive bleeding from either the rectum or in the urine.
- Difficulty urinating with or without blood clots.
- Severe pain in the rectal area.